### Please Keep Me Home When

WE'RE SORRY YOUR CHILD ISN'T FEELING WELL. WHEN DECIDING IF THEY'RE READY FOR CHILD CARE, IT'S ESSENTIAL TO PRIORITIZE THE HEALTH AND SAFETY OF ALL CHILDREN AND STAFF. IF YOUR CHILD HAS ANY SYMPTOMS OF ILLNESS, PLEASE KEEP THEM AT HOME AND NOTIFY YOUR CAREGIVER. KEEPING CAREGIVERS INFORMED, ESPECIALLY WHEN CHILDREN ARE HOME SICK OR VISIT THE DOCTOR, HELPS MAINTAIN A HEALTHY ENVIRONMENT FOR EVERYONE. COMMUNICATION IS KEY!



### **KEEP ME HOME IF I HAVE...**

FEVER 100 (F),
SEVERE COUGH,
SWOLLEN GLANDS,
GREEN MUCUS,
SHORTNESS OF
BREATH, EARACHE
OR SORE THROAT



### **KEEP ME HOME IF I HAVE...**

THAN ONE
LOOSE/WATERY
STOOL IN 24
HOURS) OR
VOMITING IN THE
LAST 24 HOURS



### **KEEP ME HOME IF I HAVE...**

UNUSUAL
IRRITABILITY,
FUSSINESS,
EXCESSIVE CRYING,
LACK OF APPETITE,
SIGNIFICANT
FATIGUE, LOW
ACTIVITY LEVEL



### **KEEP ME HOME IF I HAVE...**

EYE INFECTION,
BODY RASH (NOT
RELATED TO AN
ALLERGIC
REACTION), OPEN
WOUNDS, MOUTH
SORES, HEAD LICE,
RINGWORM, OR
SCABIES

OUR SICK POLICY REQUIRES YOUR CHILD TO BE SYMPTOM-FREE BEFORE RETURNING TO CARE. KEEPING CHILDREN HOME WHEN THEY ARE UNWELL HELPS ENSURE THAT CAREGIVERS REMAIN HEALTHY AND ABLE TO CONTINUE PROVIDING QUALITY CARE FOR EVERYONE.

YOU CAN SUPPORT YOUR CHILD'S HEALTH BY: STAYNG UP TO DATE ON VACCINATIONS, ROUTINELY WASHING THEIR HANDS, AND BY THEM EATING BALANCED, NUTRITIOUS MEALS THAT INCLUDE ESSENTIAL VITAMINS.



FOR CHILDREN DISPLAYING COVID-19 SYMPTOMS, A NEGATIVE TEST RESULT MAY BE REQUIRED BEFORE RETURNING TO CARE. VERIFY WITH YOUR CHILDCARE PROVIDER.

### **DON'T PRINT THIS PAGE!!**

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# THE MONTHLY ESSENTIALS



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